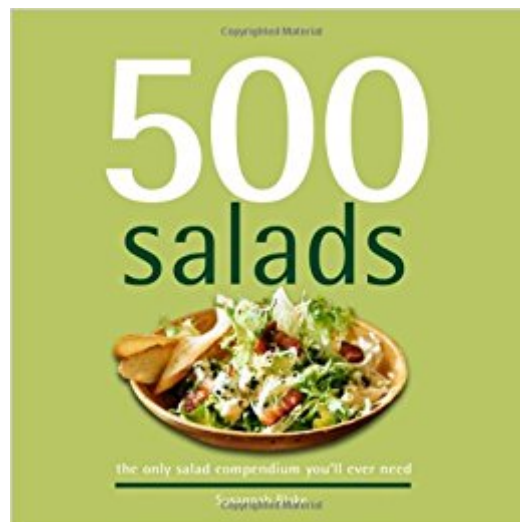




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500 Salads: The Only Salad Compendium You'll Ever Need (500 Cooking (Sellers))



Synopsis

Salads are perfect for every occasion. From cold to hot, side salads to main meals, 500 Salads is the ultimate guide for anyone who likes their food fast, healthy, and fresh. These delicious recipes provide inspiration and delectable flavor combinations for salads of all kinds including; classic salads, light salads, warm salads, grain & bean salads, pasta salads, slaws & shredded salads, main course salads, and fruit salads.

Book Information

Series: 500 Cooking (Sellers)

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Customer Reviews

Susannah Blake is a food writer with more than ten years of experience in food-related publishing. She contributes to magazines, newspapers, and books and has written more than ten titles of her own. She has particular interest in healthy eating, cooking with fruits and vegetables, and eating seasonally. Having traveled widely throughout the world, she also enjoys drawing inspiration from different kitchens and flavors around the globe.

The 500 salads provides 125 recipes for a variety of salads from everyday to exotic variations. Each of the 125 recipes has four minor variations that tweak the item into a different version by adding a new flavor profile. Like all of the books in the series this provides excellent recipes that are customizable so if you are familiar with flavors it is easy to create your own variation. This book offers everything from side and appetizer salads to full meal salads from a variety of regions around the country with the biggest concentration being Asian. Very well done and for those looking for variety in salad you cannot go wrong.

Great recipes! Many alternative selections and kick off of the main salad. Find myself turning to this Salad book often Can recommend this book.Plenty of variety .

I pull this book out at least once a week for ideas. Well worth the purchase.

First, let me state (as some others have stated) this does NOT have 500 salads. There are less than 100 basic salads with lots of variations. It is certainly not "the only salad compendium you'll ever need). That is a gross misstatement.Second, it is a awkward size for a book self.Third, there is very little unusal or innovative recipes. I suppose if you are brand new to making salad, this would be a decent book to start with, but I think there are better. Lots of these recipes are easily available in other free resources. I marked very few recipes for further review.Fourth, the layout is annoying. The variations are at the end of a section instead of next to the basic recipe. I was constantly flipping back and forth to look at the basic recipe and read the variations to see if I liked any of them. I hate cooking while trying to go back and forth between pages like this.I bought "Super Salads" by Readers Digest as the same time. I was startled to find "500 salads" had almost the same recipes. However "Super Salads" goes beyone "500 Salads" with variety and interest. If you are going to get a good book for salads, I would say buy "Super Salads" instead.

nothing to say ecellent

Great way to get guidance and ideas.

It is a very nice hard bound book with a paper book cover. It contains lots of pictures and addition suggestions for the recipes.

Excellent book, great company.

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